



What is OUR BEST PRACTICES' True Team Player Program?

Most people, if asked: *"Are you a team player?"* would say *"Yes"*.

In sports teams or corporate groups and other organizational structures it's almost an essential ingredient for success at any level.

We believe that some traditional models of "teams" and "teamwork" fall short in both shaping, measuring and inspiring teams.

We pay homage to these established theories and systems, but instead of just asking the same question, we have designed a definition and model that frames a more challenging inquiry that almost always elicits a different answer: *"It depends...."*

Appreciating the context of team in a more nuanced and practical way helps to inspire and motivate leaders and team members to apply a different level of commitment when it really counts.

We strive to help leaders, teams and groups understand that the more realistic answer – "it depends" - will almost always be the true one. This process can provide the foundation for a more transparent group dynamic where limitations are understood, but where the reciprocal exchange – the team contract – is more viable, sustainable, and reliable for everyone concerned.

Our Best Practices uses the **True Team Player** concepts in workshops, coaching sessions, and motivational talks. We tailor these uniquely for each client, combining other proven **Positive Psychology** and **Coaching Psychology** techniques and interventions, in designing bespoke dynamic, creative and enjoyable initiatives. We are always mindful of an overarching goal to enhance individual flourishing and collective performance, infusing a team culture and a winning mentality.

(OUR BEST PRACTICES' operates under the aegis of Blumberg & Co.)

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